

Age-Friendly Cities and Communities Summit

With global population ageing expected to reach more than 2 billion in 2050, the UN Decade of Healthy Ageing (the Decade) is a timely reminder of the resilience of older people but also the environmental barriers including ageism that impact their ability to be contributing members of society.

The COVID-19 pandemic has highlighted serious gaps in existing age-related policies, systems and services in every country of the world; a decade of concerted global action on *healthy ageing* is more pressing than ever before. While it is clear that older people are not a homogeneous group, many—including more than 1 billion people in low- and middle-income countries—do not have access to even the basic resources necessary for a life of meaning and dignity. Most others confront multiple barriers that impact their health and wellbeing and prevent full participation on their terms in society.

The Decade is intended as a global collaboration, bringing together diverse sectors and stakeholders, including governments, civil society, international organizations, professionals, academia, the media and the private sector. This collaboration aims to improve the lives of older people, their families and their communities through four action areas:

- Changing how we think, feel and act towards age and ageing
- Ensure that communities foster the abilities of older people
- Delivering integrated care and primary health services responsive to older people
- Providing access to long-term care for older people who need it

These four action areas are interconnected. For example, ageism exists in local institutions such as health care, long-term care and housing, as well as in our relationships and within us as individuals. Communities that foster the abilities of older people require a whole of community approach (e.g., labour, transportation, housing, education, health and long-term care, and social protection) to remove barriers and develop policies, systems, products and services that foster healthy ageing. Communities that act with all levels of Government across all four action areas are aligned in creating an environment that enables older people with different capacities to: age safely in a place that is right for them, be included and participate, develop personally and professionally, and contribute to their communities while retaining their autonomy, dignity, health and well-being.

The Summit will

- Look at the importance of age-friendly cities and communities in realizing the aims of the Decade.
- Be an interactive learning opportunity. We will start with current evidence, followed by hearing from thought leaders on opportunities to deliver on the promise of the Decade, then we will explore practical examples, and finally, we will reflect on how partnering with others can be part of the solution.
- Be an opportunity to broaden your network and learning opportunities in the field of age-friendly cities and communities

This event is organized by WHO, IFA and the Public Health Agency of Canada with support from all the Affiliates of the Global network for age-friendly cities and communities.

Time	Session
8:30am – 9:00am	Registration
9:00am – 10:30am	<p align="center">Plenary 1 – Generating Political Will</p> <p>Political will is needed to create cities and communities that are more age friendly. What generates political will and what are the causes of its absence? What must happen for Mayors and local authorities to join the movement for a more age-friendly world?</p>
	<p>Facilitator</p> <ul style="list-style-type: none"> • Paul McGarry, Head, Greater Manchester Ageing Hub <p>Presenters (Case Studies)</p> <ul style="list-style-type: none"> • Judy Brownoff, City Councillor, Saanich, BC, Canada • Gail Kohn, Age Friendly City Coordinator, DC Government • Governor Yuji Kuroiwa, Governor, Kanagawa Prefecture, Japan • Octavio Vergara Andueza, National Director, National Service for the Elderly, SENAMA
10:30am – 11:00am	Health Break
11:00am – 12:30pm	<p align="center">Plenary 2 – Connecting Local with National – How Can It Be Done?</p> <p>Sustainable development requires different governmental levels to work together. How does coordination and collaboration happen across these different levels? How do they balance the top down and bottom-up approaches?</p>
	<p>Facilitator</p> <ul style="list-style-type: none"> • Christine Young, Director Community Development at City of Melville, Australia <p>Presenters (Case Studies)</p> <ul style="list-style-type: none"> • Catherine McGuigan, Chief Officer, Age-friendly Ireland • William Armbruster, Senior Advisor, AARP Livable Communities, AARP • Anne Berit Rafoss, Project Manager, Norwegian Directorate of Health/ Center for an Age-friendly Norway
12:30pm – 1:00pm	Lunch and Learn
	<p align="center">Description</p> <p>Age-friendly within the Decade: While conference participants are eating their lunch, they will be able approach panellists and experts with questions and comments about age-friendly within the broader decade of healthy ageing.</p>

1:00pm – 2:30pm	<p style="text-align: center;">Plenary 3 – Incorporating the Voices of Older People</p> <p>Older people need to be central to all actions and decisions that concern them. How can communities listen to and hear the voices of older people and respect their decisions and lifestyles?</p>
	<p>Facilitator</p> <ul style="list-style-type: none"> • Mary Manandhar, Technical Officer, World Health Organization <p>Presenter (Case Studies)</p> <ul style="list-style-type: none"> • Nicole Bolduc-DuBois, Chair, Conférence des Tables régionales de concertation des aînés du Québec, Canada • Tine Buffel, Senior Lecturer in Sociology, University of Manchester, Director, Manchester Urban Ageing Research Group (MUARG) • Roseline Kihumba, Portfolio Development and Quality Manager (Global), HelpAge International
2:30pm – 3:00pm	<p>Health Break</p>
3:00pm – 4:30pm	<p style="text-align: center;">Plenary 4 – Leaving No One Behind in The Pursuit for Progress</p> <p>The world has united around the 2030 Agenda for Sustainable Development: all countries and all stakeholders pledged that no one will be left behind and determined to ensure that every human being can fulfil their potential in dignity and equality and in a healthy environment.</p> <p style="padding-left: 40px;">Who is being left behind in our work to create more age-friendly communities? How to reduce inequities?</p>
	<p>Facilitator</p> <ul style="list-style-type: none"> • Anna Sangster, Program Manager, International Federation on Ageing, Canada <p>Presenters (Case Studies)</p> <ul style="list-style-type: none"> • Tamara Daly, Professor and Director, York University Centre for Aging Research & Education • Stephen Neville, Professor of Wellbeing and Ageing, Head of Department (Nursing), Auckland University of Technology • Katrin Seeher, Technical Officer, World Health Organization
4:30pm	<p>Close</p>